# WHAT YOU SHOULD KNOW ABOUT THE CORONAVIRUS

#### **PRECAUTIONS YOU CAN TAKE**



wash hands often, use soap and scrub for 20 seconds



avoid touching your face - eyes, nose and mouth



cover mouth with sleeve or tissue to sneeze or cough

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seek medical care for fever, cough, difficulty breathing

#### **ADDITIONAL PRECAUTIONS INCLUDE:**

avoid close contact with people who are sick, clean and disinfect frequently touched surfaces and objects. If you feel sick, stay home or seek medical care if experiencing fever, cough or difficulty breathing

#### WASHING HANDS FREQUENTLY IS ESSENTIAL

It's basic, but important - Wash hands frequently with soap for 20 seconds or use a hand sanitizer with 60%+ alcohol

## WHERE TO GET MORE INFORMATION



Missouri Department of Health & Senior Services



<u>Centers for Disease</u> <u>Control & Prevention (CDC)</u>



<u>MU Health Care</u> <u>Cornonavirus</u>



<u>Local Health</u> <u>Department</u> <u>US State Dept.</u> Travel Information



World Health Organization

### MO DHSS COVID-19 STATE HOTLINE 877-435-8411

ADDITIONAL RESOURCES

MO DHSS statewide public hotline for citizens or providers needing guidance regarding COVID-19



WWW.EXTENSION2.MISSOURI.EDU/PROGRAMS/COMMUNITY-HEALTH

## CORONAVIRUS

## INFORMATION AND RESOURCES

## RESOURCES

## Centers for Disease Control and Prevention (CDC)

What you Need to Know About Coronavirus Disease 2019 (COVID-19

<u>Coronavirus Disease (COVID-19)</u> <u>Prevention & Treatment</u>

<u>Coronavirus Disease (COVID-19)</u> <u>Frequently Asked Questions and Answers</u>

## **Missouri Department of Health & Senior Services**

<u>COVID-19 Outbreak</u> State COVID-19 Hotline **877-435-8411** 

## **MU Health Care**

<u>Coronavirus</u>

## **U.S. Department of State - Bureau of Consular Affairs**

Current Outbreak of Coronavirus Disease 2019 - Travel Advisories

## World Health Organization (WHO)

<u>Coronavirus</u>

Coronavirus (COVID-19) Advice for the Public

Coronavirus disease (COVID-19) advice for the public: Myth Busters





















Community Health Engagement and Outreach